Committed to Quality. Dedicated to Service.

April 2012

Hanscom Family Housing Staff

Kelley Casey	Community Director
Angel Medeiros	s Asst. Comm. Director
Amanda Carlo	Leasing Agent
Karen Driscoll	Admin Assistant
John Tew	Maintenance Director
Rob Waters	Asst. Maint. Director
Doug Best	Maintenance Coordinator
Tony Wymen	Bookkeeper

Maintenance Staff

David Katt	
Steve Devlin	
Luis Ortiz	
George Grimes	
Raquel Calles	

Howard Schon Phil Payne Jeff Alton Carolina Amaya Tony Simmonds



Dodging Disaster

The Apollo 13 mission, launched April 11, 1970, was aborted en route when an explosion in one of the oxygen tanks crippled the spacecraft. Astronauts James Lovell Jr., John Swigert and Fred Haise Jr. were forced to orbit the moon and return to Earth without landing. They splashed down safely on April 17.



A Hunt Military Community

101 Northbridge Rd. • Hanscom AFB, MA 01731 Phone: (781) 861-5062 • Fax: (781) 274-7717 • www.hanscomfamilyhousing.com

Plan for Fire Emergencies

We never know when a fire emergency will happen. The best safeguard against the unknown is knowledge. Make sure your family has an escape plan. Children should be taught the important steps to take if a fire should break out in your apartment home:

- Remember to crawl on the ground to exit if smoke fills your apartment.
- Never gather possessions or try to save inanimate objects.
- Leave the building as quickly and orderly as possible.
- Designate a meeting place for your family.
- Call 911 after you're out of the building.

Pasta Night

The FSS hosted a Pasta Night at the Youth Center to celebrate the month of the military child. We were happy to be one of the sponsors for this fun event.



Positive Thought

"You're braver than you believe, and stronger than you seem, and smarter than you think." —A. A. Milne

Welcome New Employee

Please join us in welcoming our new Leasing Agent, Amanda Carlo.

May Events

Be on the lookout for more information regarding our Community Cleanup week, Flower Day giveaway and mulch drop taking place in May.

I Cannot Tell a Lie

April 30 is National Honesty Day.

Pets

To keep our community clean, pleasant and safe, we ask that all pet owners keep their pets leashed and clean up after them promptly. Your cooperation is greatly appreciated.



Pump Down the Volume

You love your music and you love your stereo, but do your neighbors feel the same way? Everyone has their own taste in music, but most people are consistent in their taste in volume. Remember to be considerate of your neighbors and don't blast your stereo or computer speakers at any time, day or night.

We Won't Get Fooled Again

Every April Fools' Day, inventive pranksters try to outdo each other with large-scale hoaxes. Here are some of the more memorable ones, according to www.MuseumOfHoaxes.com:

Color me fooled. In 1962, a TV station in Sweden announced that viewers could change the station's black and white broadcasts into instant color by pulling a nylon stocking over their TV screens. Thousands of people fell for the trick.

Paint your puppy. In 1965, a newspaper in Copenhagen reported that the Danish Parliament had passed a law requiring all dogs to be painted white so drivers could spot them more easily at night.

Tower tale. The Parisien, a French newspaper, shocked citizens in 1986 when it reported that the Eiffel Tower would be dismantled, moved and reconstructed in the Disney theme park planned near Paris.

The nose knows. BBC TV aired an interview in 1965 about "smell-o-vision," technology that allowed viewers at home to smell aromas in the TV studio. Many viewers called to say they did smell the coffee and onions shown onscreen.

Around and around. In 1991, the London Times announced that the transportation department had come up with a plan to ease congestion on the M25, the circular highway surrounding London. On Mondays, Wednesdays and Fridays, traffic would travel clockwise; on Tuesdays and Thursdays it would travel counter-clockwise.

"The best ideas come as jokes. Make your thinking as funny as possible." —David Ogilvy



Earth Day the Green Way

This April 22, throw Mother Earth a party to celebrate the beginning of the eco-friendly movement. Here are some ideas to enjoy Earth Day the green way:

If you send out invitations, use recycled paper. For an even greener approach, cut out interesting nature pictures from magazines and glue the scenes on cardboard to create individual invites.

Ask guests to walk, bike, carpool or take public transportation. Give a prize to the person who traveled the farthest distance in an environmentally friendly way. When planning the décor for the event, think green. Create your own signs or banners using old scenic posters. Decorate the table with items found outside your front door wildflowers or blooming tree branches make beautiful, earthy centerpieces. Use cloth napkins and real utensils instead of disposable varieties.

If you serve food and drink, hit the farmers' market beforehand to find seasonal, local produce, or visit *www.FarmAid.org* for goods, such as coffee or sweets, produced nearby.

Ask guests to bring items they no longer need or use to exchange for other guests' unwanted items. Or, have guests each bring a canned good as "admission" to the party. Donate the cans to a food bank to help the hungry. After use, they can be recycled.

Experiment With Uncommon Produce

Ever wonder about some of the unusual items in your grocer's produce aisle? Take a second look you might be surprised at the delicious foods you find.

Papaya. Also known as pawpaw, this tropical fruit can be eaten by itself or combined with other fruits and vegetables in a salad. The papaya is also used to tenderize meat and turns up in several folk medicine remedies. Papayas are rich in vitamins A and C.

Romanesco cauliflower. The Romanesco cauliflower grows in heads with beautiful, pale green whorls instead of the usual lumpy white caps. Cooked just like broccoli, Romanesco cauliflower is rich in vitamins C and K and is a good source of fiber.

Chard. Chard is a long-stemmed, leafy plant related to spinach and

beets. It is very high in vitamins A and K and several minerals. Use young chard leaves in salads, or sauté older leaves for a delicate taste sensation.

Kale. Kale is a type of cabbage that grows in loose green and purple leaves instead of forming a dense head. Kale is rich in beta carotene and vitamins C and K. Add tender kale leaves to salads, cook as a side dish or use in soups.

Parsnip. Parsnips look just like creamy white carrots. They're usually boiled, roasted or used in soups and casseroles. Parsnips have even more vitamins and minerals than their cousin, the carrot.





Minimize Morning Mayhem

You have crazy hair, the coffee isn't brewed and you have a meeting ... in half an hour. If this sounds like a typical day for you, it's time for a morning makeover. Here are a few tips to tweak the daybreak routine and get you out the door on time (lunch in hand):

The brown bag snag. The night before, as you make dinner (or put carry-out on the table), portion some for lunch the next day and stash it in the fridge. If leftovers aren't your thing, make a sandwich before cleaning up the kitchen.

The outfit obstacle. Find a few extra minutes each evening to decide on the next day's outfit. Watch the weather to avoid a rainy surprise. Iron wrinkled items or, better yet, invest in wrinkle-free clothing.

Breakfast basics. Get a programmable coffee pot. Have frozen smoothies thawed in the fridge. Set out your cereal, bowl and spoon before you go to bed. In the morning rush, seconds count!

Quick and clean. Shower at night if possible. If you wear makeup, consider formulas that do double-duty, such as moisturizing foundations with SPF.

Details, details. Have your briefcase or book bag packed. Skip the morning news; it will only distract you. Use a timer to keep you on track—when it dings, you have three minutes to brush your teeth and head out the door.



Potato Chowder With Pancetta and Aged Cheddar

Ingredients:

- 6 ounces pancetta or bacon, chopped
- 1 medium onion, chopped
- 1 pound Yukon Gold potatoes, unpeeled, cut into 1/2-inch chunks
- 1 cup chopped celery
- 1-1/2 cups chicken broth
- 1 cup low-fat buttermilk
- Salt and pepper
- 1 cup shredded aged cheddar **Directions**:

In large saucepan over medium-high heat, cook pancetta, stirring, until crisp, about 5 minutes. Remove pancetta and drain on paper towels. Discard all but 1/2 teaspoon fat from pan. Add onion and sauté over high heat until lightly browned, 4 to 5 minutes. Add potatoes, celery and broth. Cover, bring to a boil and simmer until potatoes are tender, about 12 minutes. Add buttermilk and pancetta and stir until hot, 1 to 2 minutes. Season with salt and pepper. Remove from heat, stir in cheese and serve immediately.

For more recipes, visit www.KerryGoldUSA.com.



Wit & Wisdom

"Arbor Day is not like other holidays. Each of those reposes on the past, while Arbor Day proposes for the future." —Julius Sterling Morton

"I like trees because they seem more resigned to the way they have to live than other things do." —Willa Cather

"In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they're still beautiful." —Alice Walker

"The best time to plant a tree was 20 years ago. The next best time is now." —Chinese proverb

"Knowing trees, I understand the meaning of patience. Knowing grass, I can appreciate persistence." —Hal Borland

"What is the good of your stars and trees, your sunrise and the wind, if they do not enter into our daily lives?" —E. M. Forster

"Trees and plants always look like the people they live with, somehow." —Zora Neale Hurston

"And this, our life, exempt from public haunt, finds tongues in trees, books in the running brooks, sermons in stones, and good in everything." —William Shakespeare

"It is well that you should celebrate your Arbor Day thoughtfully, for within your lifetime the nation's need of trees will become serious." —Theodore Roosevelt



Boston Bruins

- Home Games TD Garden (617) 624-2327 Bruins.NHL.com • April 3 vs. Pittsburgh Penguins
- April 7 vs. Buffalo Sabres

Boston Red Sox

Home Games Fenway Park (877) 733-7699 Boston.RedSox.MLB.com • April 13-16 vs. Tampa Bay Rays

- April 17, 18 vs. Texas Rangers
- April 20-22 vs. New York Yankees

AREA EVENT

- April 30-May 2 vs.
- Oakland Athletics

Through April 1

Modernist Photography: 1910-1950 Museum of Fine Arts (617) 267-9300 www.MFA.org

Through April 15

"Futurity: A Musical by The Lisps" Oberon (617) 547-8300 AmericanRepertoryTheater.org

April 2

First Aid Kit Brighton Music Hall (617) 779-0140 www.BrightonMusicHall.com

April 4

Boston

Guitar Night: Rock and Pop 2012 Berklee Performance Center (617) 747-2261 www.BerkleeBPC.com

April 11

Landscape as Urbanism Arnold Arboretum (617) 524-1718 www.Arboretum.Harvard.edu

April 11-Sept. 1

George Deem: The Art of Art History Boston Athenaeum (617) 227-0270 www.BostonAthenaeum.org

April 12

The Berklee Rainbow Band: A Lifetime of Great Music Berklee Performance Center (617) 747-2261 www.BerkleeBPC.com

April 13-15

Riverdance Boston Opera House (617) 259-3400 www.BostonOperaHouse.com

April 17

Needtobreathe House of Blues Boston (888) 693-2583 www.HouseOfBlues.com

Upcoming Events:

May 5 Lady Antebellum DCU Center (800) 745-3000 www.LiveNation.com

June 22-Sept. 23

Josiah McElheny: Some Pictures of the Infinite Institute of Contemporary Art (617) 478-3100 www.ICABoston.org

Dates and venues are subject to change.



