# Committed to Quality. Dedicated to Service.



101 Northbridge Rd. • Hanscom AFB, MA 01731 Phone: (781) 861-5062 • Fax: (781) 274-7717 • www.hanscomfamilyhousing.com

## November 2011

#### **Hanscom Family Housing Staff**

Kelley Casey	Community Directed
Angel Medeiros	Asst. Comm. Direct
John Tew	. Maintenance Directe
Rob Waters	Asst. Maint. Directe
Doug Best Ma	aintenance Coordinate
Tony Wymen	Bookkeep



## Maintenance Staff

David Katt Steve Devlin Luis Ortiz George Grimes Raquel Calles Howard Schon Phil Payne Jeff Alton Carolina Amaya Tony Simmonds

#### **5K CEL Fun Run and Walk**



or

or

or

or

or

er

On Saturday, 1 October, we kicked off our CEL Surveys with a Fun Run/Walk. We had a number of residents show up to partake in this event. Residents were

encouraged to wear their favorite football team gear. It was great to see the variety of teams being supported. The team spirit award was given to Jonathan Hirsch. Congratulations! As a reminder the CEL Surveys must be returned by Friday, 11 November.



Pictured from L-R are The Gernerts, Carrions and Maddens.

#### **Thanks, Veterans**

On Nov. 11, express your gratitude for veterans' service to our country.

#### Leaf Removal

Curbside leaf removal is planned each year to gather up the leaves that have fallen during the fall season. In between, residents are responsible for leaf collection. We provide leaf bags, which are located in the self-help shed. You can take your leaf bags to the curb and maintenance will pick them up on Monday, the scheduled yard waste day. The scheduled date for curbside leaf removal will be posted on the entryway signs, so be on the lookout.

#### **Happy Thanksgiving!**

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!

Oktoberfest

#### **Winners' Corner**

We had a few contests throughout the month of October, and we would like to congratulate our winners.

Jonathan Hirsch - Team Spirit (Fun Run/Walk)

Jennifer Carrion - Fall Essay Contest Matthew Ayala-Roman - CEL Neighborhood Contest (Flintlock Ridge)

#### Grounds

Everyone loves the look of wellmaintained yards. Please help keep our property looking fantastic by picking up after your pet and refraining from littering. We want you to be able to enjoy our landscaping without any unsightly trash or pet feces left on the ground. Thanks for your cooperation.



### The FSS put on an outstanding Oktoberfest at The Commons. We enjoyed sharing this fun fall event with our residents.

#### Hanscom@huntcompanies.com

#### **Turkey TV Dinners**

Everyone wants a holiday gathering that goes off without a hitch, but even the best-laid plans can go awry. Here are some famous and, luckily, fictional Thanksgiving fiascoes audiences shared with their favorite television sitcoms over the years:

*Trifle troubles.* In a 1999 episode of "Friends," the gang tries to stomach Rachel's (Jennifer Aniston) botched English trifle dessert. When her cookbook pages stick together, she ends up making a dish that's half English trifle, half shepherd's pie.

*Turkey turf.* In a 1996 episode of "Everybody Loves Raymond," Debra (Patricia Heaton) plans to buck tradition and serve fish for Thanksgiving dinner. When overbearing mother-in-law Marie (Doris Roberts) hears the news, she ruffles feathers when she shows up to dinner with her own turkey.

*Food fight.* The 1986 Thanksgiving episode of "Cheers" features a gigantic turkey dubbed "Birdzilla." The show ends in an infamous food fight where Norm's (George Wendt) wife makes her first appearance, but Diane (Shelley Long) throws a pie that hits her face, obscuring her to the audience.

*Grocery grief.* A 1989 episode of "The Cosby Show" features a frustrated Dr. Heathcliff Huxtable (Bill Cosby) who makes several trips to the grocery store because he keeps forgetting items wife Clair (Phylicia Rashad) needs. After breaking eggs and getting caught in a downpour, Cliff can finally sit down to Thanksgiving dinner.

"You can tell you ate too much for Thanksgiving when you have to let your bathrobe out." —Jay Leno



### The Dish on Classic Thanksgiving Foods

Our reasons for celebrating Thanksgiving are as diverse as America itself. However, coast to coast, we typically raise our forks in gratitude with the same classic holiday foods. Fowl was a holiday mainstay in the Pilgrims' mother country of England, so turkey was a natural choice for gatherings in America. But what are the stories behind some other Thanksgiving favorites?

*Cranberry sauce.* Native Americans relied on the preservative power of cranberries to make pemmican, a dried meat mixture, last longer. Gen. Ulysses S. Grant reportedly believed in the health benefits of cranberry sauce and ordered it to be served to Union troops during the Civil War. In 1912, the Cape Cod Cranberry Company began selling cranberry sauce in the familiar canned form.

Green bean casserole. Dorcas Reilly, a home economist at Campbell's, first concocted the crispy onion-topped creation in 1955. Reilly aimed to devise a recipe using ingredients common in 1950s cupboards—canned green beans and canned cream of mushroom soup.

*Pecan pie.* The French get credit for inventing this sweet treat in the 1700s after settling in New Orleans. The dessert didn't really catch on until the 1930s, when the makers of Karo syrup marketed a pecan pie recipe as a tasty use for their product.



#### Have a Nice Cliché Day

Every dog has its day, so why shouldn't clichés have one, too? Nov. 3 is Cliché Day, a day to trot out those tried-and-true phrases. There's no time like the present to get people's goat by jumping in with both feet and leaving no stone unturned when it comes to spouting off clichés. Cat got your tongue? Here are a few well-worn sayings and their origins:

*Can't hold a candle to.* In the days before electricity, a menial household task was holding a candle while a more capable person did the work.

*Easy as pie.* Pie isn't a piece of cake to make, but it's easy to eat. In

19th-century literature, the word "pie" connoted "pleasant" in phrases such as "polite as pie."

*Cut and dried.* This phrase, which means clear and simple, refers to wood being cut and thoroughly dried before using it in a fire.

Greek to me. This saying comes from the Latin proverb "Graecum est; non legitur," which translates to, "It is Greek; therefore it cannot be read."

*Fifteen minutes of fame.* In the 1960s, pop artist Andy Warhol said, "In the future, everyone will be famous for 15 minutes." Considering the current fascination with celebrity culture and reality TV, Warhol's words were prophetic.





#### **When Gift-Giving Gets Sticky**

Holiday ads portray gift-giving as a heartwarming experience. But in real life, gift exchanges can be awkward. Etiquette experts suggest these ways to cope with uncomfortable gift-giving situations:

The surprise gift. A neighbor or coworker presents you with a present, and you're empty-handed. Lots of people exchange gifts only with family and close friends, and you're not obligated to reciprocate with everyone. A simple "thank you" will suffice.

The lopsided exchange. You went to five stores to find the pricey scarf your cousin wanted. She gives you a pair of inexpensive bedroom slippers. Instead of making a scene, take the high road and write a thank-you note. Conversely, don't feel guilty for not blowing your budget to match gifts with a wealthier loved one.

The new relationship. You've been dating someone for a short time, and you're wondering what's appropriate. A gift card with a heartfelt holiday greeting shows you care without going overboard.

Unwritten rules often drive holiday gift-giving habits. Perhaps the most pervasive: "Once begun, never undone." If you're watching your money or simply don't have the time or energy for holiday shopping, ask your friends or relatives how they would feel about ending a gift exchange. They just might be relieved, and a reduction in stress may be their greatest holiday gift.

## 'Vegged Out' Pumpkin and Black Bean Soup

### Ingredients:

- 1 tablespoon olive oil
- 5 green onions (white and light green parts), thinly sliced (slice dark parts and set aside for later)
- 1 red bell pepper, chopped
- 3 cloves garlic, chopped
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon dried thyme
- 2 cans (15 ounces each) black beans, rinsed and drained
- 1 can (15 ounces) Libby's 100% Pure Pumpkin
- 1 can (14.5 ounces) no-salt added diced tomatoes, undrained
- 1 can (14 fluid ounces) vegetable broth
- 1/2 cup water
- 1/2 teaspoon salt or more to taste
- 1/8 teaspoon cayenne pepper or more to taste

#### **Directions:**

Heat oil in large saucepan over medium heat. Add white and light green parts of green onions, bell pepper and garlic; cook, stirring occasionally, for 4 to 5 minutes or until soft. Stir in cumin and thyme; cook, stirring occasionally, for 1 minute. Add beans, pumpkin, tomatoes with juice, broth and water; bring to a boil. Reduce heat to low; cook for 10 minutes. Stir in salt and cayenne pepper. Top each serving with dark green onion tops.

For more recipes, visit VeryBestBaking.com.



#### Wit & Wisdom

"The willingness of America's veterans to sacrifice for our country has earned them our lasting gratitude." —Jeff Miller

"How important it is for us to recognize and celebrate our heroes and she-roes!" —Maya Angelou

"It doesn't take a hero to order men into battle. It takes a hero to be one of those men who goes into battle." —Norman Schwarzkopf

"True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost." —Arthur Ashe

"On this Veterans Day, let us remember the service of our veterans, and let us renew our national promise to fulfill our sacred obligations to our veterans and their families who have sacrificed so much so that we can live free." —Dan Lipinski

"Courage is almost a contradiction in terms. It means a strong desire to live taking the form of readiness to die." —G.K. Chesterton

"A hero is someone who has given his or her life to something bigger than oneself." —Joseph Campbell

"I think there is one higher office than president, and I would call that patriot." —Gary Hart

## November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rent Is Due	2	3	4	5
6 "Fall Back"	7	8	9	10	11 Happy Veterans Day! CEL Surveys Are Due!	12
13	14	15 CIM Community Center 5:30-6:30 PM	16	17	18	19
20	21	22	23	24 Happy Thanksgiving	25 Office Closed	26
27	28	29	30	NOVE	MAER	

#### **New England Patriots**

Home Games Gillette Stadium (800) 543-1776 www.Patriots.com • Nov. 6 vs. New York Giants

• Nov. 21 vs. Kansas City Chiefs

#### **Boston Bruins**

Home Games TD Garden (617) 624-2327 Bruins.NHL.com • Nov. 1 vs. Ottawa Senators • Nov. 7 vs. New York Islanders • Nov. 10 vs. Edmonton Oilers • Nov. 12 vs. Buffalo Sabres

- Nov. 15 vs. Columbus Blue Jackets
- Nov. 17 vs. New Jersey Devils

AREA EVEN

- Nov. 25 vs. Detroit Red Wings
- Nov. 26 vs. Winnipeg Jets

#### Nov. 3 An Evening With Joe Bonamassa Citi Performing Arts Center

(617) 482-9393 www.CitiCenter.org

#### Nov. 7

The Sea and Cake Brighton Music Hall (617) 779-0140 www.BrightonMusicHall.com

#### Nov. 8

Boston

Ray Manzarek and Robby Krieger of The Doors Wilbur Theatre (800) 745-3000 www.TheWilburTheatre.com

## Nov. 10

Ani DiFranco Wilbur Theatre (800) 745-3000 www.TheWilburTheatre.com

#### Nov. 12

Boston Symphony Orchestra Family Concert Symphony Hall (617) 266-1492 www.BSO.org

#### Nov. 13

Blue Discoveries Family Day: Sea Turtles New England Aquarium (617) 973-5206 www.NEAQ.org

#### Nov. 18

Straight No Chaser Citi Performing Arts Center (617) 482-9393 www.CitiCenter.org

#### Nov. 19

Lisa Lampanelli Wilbur Theatre (800) 745-3000 www.TheWilburTheatre.com

#### **Upcoming Events:**

#### Dec. 5-18

"La Cage Aux Folles" Citi Performing Arts Center (617) 482-9393 www.BroadwayAcrossAmerica.com

#### Jan. 26, 2012

All-Mendelssohn Program Symphony Hall (617) 266-1492 www.BSO.org

Dates and venues are subject to change.





